

LEGAL SERVICES

Access to Professional Legal Services through your EAP



Free Consultation

- Three referrals (up to 30 minutes each) per household, per plan year to an attorney - referral may be telephonic or face-to-face

Reduced Hourly Rate

- Up to a 25% discount off attorney's usual rate

Free Document Review

- Complete review with comments on any legal document (*up to six pages*), providing the document does not involve one or more of the areas of law excluded by this plan (*preparation of documents may be an additional charge*).

Free Letters and/or Phone Calls On Your Behalf

- You are entitled to have a phone call placed or letter prepared by your Plan Attorney. Please discuss this benefit with your Plan Attorney in advance of relying on it to resolve your problem. The legal problem may not be resolved by this action alone and you may be forced to utilize other legal tactics to handle the matter.

Simple Wills for Plan Members

- Your plan covers the preparation of a Simple Will for you and your spouse (*additional charges may apply*).

Small Claims and Consumer Access Benefits

- Free consumer booklets “*Facing Consumer Problems and Winning*” and “*What Should I Do If I Have an Auto Accident*,” as well as Internet access to a web site with information on how to represent yourself if you are forced to file a lawsuit, defend against a lawsuit, or go to court to prove your case.

Family Health Legal Library

- Complete “*Help Yourself*” legal library containing detailed information on the most common health legal issues confronting Americans today, including sample documents such as Wills, Power of Attorney, Living Trusts, etc.

Domestic Violence and the Law

- Complete overview of Domestic Violence and the Law, including a safety checklist.
- Discussions of the concepts and legal issues involved in most domestic violence cases, including Civil Domestic Violence as well as the criminal components of Domestic Violence.



Interface EAP
Total Life Assistance™

Stress

Financial

Legal

Depression

For free and confidential assistance, call your Employee Assistance Program

(713) 781-3364 Se Habla Español
(800) 324-4327 (800) 324-2490

www.4eap.com

Marital Problems

Family Problems

Alcohol/Drug Problems

Other Referrals

Your employer has contracted with Interface EAP to provide an Employee Assistance Program.

FINANCIAL SERVICES

Access to Professional Financial Services through your EAP



Free Consultation

- Three referrals (up to 30 minutes each) per household, per plan year referral may be telephonic or face-to-face

Financial Planning

- Participant is not required to have a minimum or maximum amount of money
- Referrals are educational, not legal - common reasons for referral are:
 - ❖ Retirement Planning
 - ❖ College Fund Savings
 - ❖ Life Event – Marriage, Birth of Child, Death of Family Member
 - ❖ Investment Planning (401K, IRA)
 - ❖ Budget Analysis
- Participant may choose to:
 - ❖ Prepare plan themselves
 - ❖ Hire third party to prepare plan
 - ❖ Hire financial planner to prepare plan
 - \$75.00 discount off usual fee, if hired to prepare plan
 - 90-day money back guarantee on financial plan
 - Provide periodic updates free of charge

Credit Counseling

- No cost financial assessment, credit counseling, and explanation of debt consolidation
- Access to Money Management International - a nationwide non-profit organization
- Debt Management Plan - participant may choose to participate to speed the repayment of excessive or delinquent bills, stop creditor calls, or improve cash flow

Access Financial Library

- Online access to the Financial Library provides background information on financial planning, how it works, what your goals can be, what investments can help you meet your goals, whether you need a financial planner and how to find a good one, along with a number of other related issues

EXCLUSIONS:

- Advice on specific investments
- Advice on which firm to hire
- Monetary assistance of any type



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ONLINE WORK/LIFE AND WELLNESS RESOURCES

www.4eap.com

Employees and their families are able to access the best in health and wellness programs and providers through the latest online technology. To access these services, simply log on to www.4eap.com. (Contact your Human Resources Department or call 800-324-4327 to obtain your login name and password.) From there, click on either the **Work/Life Services** or **Health and Wellness** links on the left side of the page to see the following features:



Work/Life Services

Searchable Work/Life Database

Search the national work/life database containing child care, elder care, adoption, school and college resources. Searches can be done by provider type, zip code, and desired proximity.

Provider Mapping Capabilities

After a search is conducted, locate providers by displaying a map of their geographic location.

Educational Materials

Search and download a variety of educational materials. These include tip sheets, checklists, articles, licensing regulations and more! In addition, information on daily living topics, such as consumer issues, legal and financial planning, and travel and recreation are available.

Calculators

Access a variety of calculators for financial planning, health, and weight management purposes.

Health and Wellness (This link is password protected; you will need to register and create a unique user name and password in order to access these resources.)

WellTips

Provides user-friendly information about non-traditional and self-help approaches. WellTips includes a **Health Information Library** - a library of health conditions, prescription drugs, and supplements; **WellClips** - short self-help videos covering wellness topics, such as breast self-exams, prostate cancer, skin cancer, massage, and acupuncture; and **FAQs**, which answer a variety of wellness questions.

Personal Health Profiles

An individualized health risk assessment that provides recommendations for health improvement.

The Store

Online store offers a wide variety of discounted health and wellness materials, including books, videos, spa products, exercise and yoga equipment.

WellLocate

A friendly, continually updated and expanded search engine that allows consumers to locate more than 90,000 preventive health and complementary care resources, including:

- * Weight Management Professionals
- * Smoking Cessation Programs
- * Fitness/Exercise Programs
- * Dieticians and Nutritionists
- * Prenatal and Postnatal Care
- * Chiropractors
- * Naturopaths
- * Acupuncturists
- * Massage Therapists
- * Yoga Instructors

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